



Mount Hawke Academy

Head of School: Miss C Biddick

12.2.26

Dear Families

We've had another successful half term in school, with the children making great progress in all areas of their learning. On Monday our Eco Councillors, Bill and Tallulah, met with other Aspire schools virtually, sharing what we do here and picking up good ideas from others too. We have taken part in Internet Safety Day, sharing such important messages about how to stay safe online. The older children have also thought about AI and how we can't always believe what we see or read on the internet, and how important it is to limit screen time.

After a very wet term so far, we hope that you have a super half term holiday and enjoy time together. Thank you for all your support and we look forward to welcoming everyone back on Monday 23rd February.



My Personal Best Life Skills for next week are...

EYFS and KS1 – Self Motivation

KS2 – Integrity

We will explore these life skills and link them to our ASPIRE values, encouraging their use in all our activities. You can read more about this here - [My Personal Best - Youth Sport Trust](#) and here - [Mount Hawke Academy - Ethos, Aims & Values](#)

A Few Reminders...

Toys from home

Children should not bring toys, trading cards, etc into school.

Uniform

Our uniform helps everyone feel comfortable and smart for school. Thank you for your support in making sure that the children come in wearing the correct uniform.

School hoodies should only be worn on PE days – they are not part of everyday uniform.

Our Everyday Uniform

- White or blue polo shirt
- Royal blue sweatshirt or royal blue cardigan (school logo optional)
- Grey / black school skirt / pinafore dress / school trousers / school shorts (not jeans, leggings, etc)
- Plain tights or socks - grey / black / white
- Flat, black school shoes - not brightly coloured trainers / baseball boots
- Summer options: Blue and white gingham or striped summer dress or playsuit, plain strapped sandals (no flip-flops or open toes)

Our PE Days Uniform

- White or royal blue t-shirt (school logo optional)
- Black shorts (5 inches/13cm minimum length) or plain black or blue jogging bottoms / leggings (no large logos)
- Royal blue school sweatshirt or blue MHA hoodie (optional)
- Suitable footwear – trainers / plimsolls (no skate shoes or baseball boots)

[Mount Hawke Academy - School Uniform](#)

T: 01209 890230

E: hello@mounthawke.org W: www.mounthawke.org

Mount Hawke Academy, Rodda's Road, Mt Hawke, Truro, Cornwall TR4 8BA

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Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





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February Science Challenge

Remember to send in photos or videos to hello@mounthawke.org.

MUSICAL SCIENCE

TRY THIS INDOORS ... MAKE A DRUM

Place your small items - buttons, dried beans or rice work well - into the empty tin can so it's about half full. Take the balloon and cut off the end where you would tie the knot and stretch the rest of the balloon over the top of the tin can. Try shaking the can and tapping the balloon top, listening to the sounds the can makes. Try changing the items you put in the can, or changing how much you put into the can. You could try making more than one drum with different things in each.

You will need

- * Empty tin can
- * Small items: rice, buttons, beans
- * Balloon
- * Wooden and metal spoons
- * String or wool
- * Natural and/or human made items

WHAT DO YOU NOTICE?

Things to talk about ...

Can you tell what is inside the can by the noise it makes? Is the sound different if you tap the balloon to when you shake the tin? What happens if you stretch the balloon more tightly over the tin? What does it sound like if you tap the side of the tin can with a wooden or metal spoon?



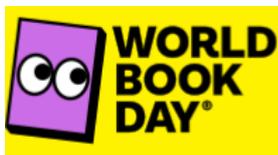
WHAT IS THE SCIENCE?

We hear sounds when an object vibrates (moves back and forth quickly, a bit like shaking). The vibrations of the object make the air around it vibrate too. When the vibrations reach our ears they shake tiny hairs which are connected to nerves inside our ears. The nerves send a message to our brains telling them that there is a noise. An object vibrates when it is hit or made to move, e.g. when the wind blows on a wind chime, the hanging objects move and bump into each other which makes them vibrate. The type of sound an object makes when it vibrates depends on the material it is made from. Metals are hard and vibrate well and usually make a ringing noise. Fabrics are soft so they don't vibrate very well and don't make any noise.



Recommended Read

This week's recommendation comes from Ivy in Kenwyn Class. She says...I would recommend the book Odd and the Frost Giants because it is exciting and unpredictable. It is about a boy named Odd. Where he's from, Odd has a lucky name, although Odd is far from it! His father died on a voyage after saving a pony from the sea, and his right foot was crushed by a tree. To make matters worse, winter is continuing until the spring months. Odd becomes unlikely friends with a fox, an eagle and a bear who turn out to be Gods! Can a 12 year old save spring?



World Book Day – 5th March 2026

World Book Day is on Thursday 5th March this year. All the children will be bringing home a Book Token after half term so that they can get a copy of one of the World Book Day books for free. There are some lovely choices of books, written by some very well known authors. On the day itself, we will

hold our annual tour of the classrooms for the children, where they can share the activities that they have completed. A poster with suggestions for home activities is being sent with this newsletter too.

Traffic Consultation – Area Speed Limits

Cornwall Council is planning to introduce a 20mph speed limit on most residential streets within the St Agnes & Perranporth Community Network Area.

Why?

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Introducing a 20mph speed limit in these areas will make our streets safer, especially for pedestrians, cyclists, and other vulnerable road users. This change supports Cornwall Council's Vision Zero goal: working towards eliminating all fatal and serious injuries on our roads.

The link below takes you to the online consultation:

[St Agnes & Perranporth Community Network Area: 20mph Speed Limits | Let's Talk Cornwall](#)

Communications

Remember to use the email hello@mounthawke.org or phone 01209 890230 if you need to speak to one of us, let us know about something or share something with us. Miss Biddick is usually on the gate every morning and afternoon too.

All of us here at school would like to wish you a very happy and safe half term holiday and look forward to welcoming everyone back on Monday 23rd February by 8:45 am.

The calendar below will be updated as the year moves on...

MHA Calendar	
Thursday 12 th February	Lamorna Class Cake Sale - after school today
Friday 13 th February	Training Day – school closed – updating first aid training
Thursday 5 th March	World Book Day
Friday 20 th March	Red Nose Day – non-school uniform / wear red
Thursday 5 th March	Carne Class Cake Sale - after school
Monday 9 th – Monday 16 th March	The Great MHA Balloon Race – details to follow
Friday 15 th March	FOMHS Cupcake Workshop – details to follow
w/b Monday 23 rd March	Parent Consultation Evenings
Monday 30 th March	Open Classroom Session – 2.30pm-3.00pm
Wednesday 1 st April	Gwithian Class Cake Sale - after school
Thursday 2 nd April	Break up for Easter Holiday at 3:15pm / Playzone until 5:00pm
Monday 20 th April	Return to school for Summer Term
Wednesday 20 th May	Pendeen Class Cake Sale - after school

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Wednesday 17 th June	Longships Class Cake Sale - after school
Thursday 9 th July	Mousehole Class Cake Sale - after school Summer Fair
Friday 17 th July	FOMHS Colour Run – details to follow

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