MHA - Whole School Curriculum Map – PE

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	**Locomotion:** Walking and Jumping		**Ball Skills:** Hands 1		**Gymnastics:** High, Low, Over, Under		**Dance:** Nursery Rhymes		**Ball Skills:** Feet		Games For Understanding	
Year 1	Health and Wellbeing	**Gymnastics:** Wide, Narrow, Curled	**Ball Skills:** Hands 1	**Gymnastics:** Body Parts	**Ball Skills:** Feet	**Dance:** Growing	**Ball Skills:** Hands 2	**Dance:** The Zoo	**Locomotion:** Running	Games For Understanding	Team Building	**Locomotion:** Jumping
Year 2	Health and Wellbeing	**Gymnastics:** Linking	**Ball Skills:** Hands 1	**Gymnastics:** Pathways	**Ball Skills:** Feet	**Dance:** Water	**Ball Skills:** Hands 2	**Dance:** Explorers	**Locomotion:** Dodging	Games For Understanding	Team Building	**Locomotion:** Jumping
Year 3	**Invasion:** Netball	**Gymnastics:** Symmetry & Asymmetry	**Invasion:** Handball	**Gymnastics:** Linking	**Invasion:** Basketball	**Dance:** Wild Animals	Invasion: Game Sense	**Dance:** Wild Animals	**Net / Wall:** Tennis	**OAA:** Communication and Tactics	**Striking & Fielding:** Baseball	Athletics
Year 4	**Invasion:** Netball	**Gymnastics:** Symmetry & Asymmetry	**Invasion:** Handball	**Gymnastics:** Bridges	**Invasion:** Basketball	**Dance:** Cats	**Invasion:** Game Sense	**Dance:** Space	**Net / Wall:** Tennis	**OAA:** Problem Solving	**Striking & Fielding:** Baseball	Athletics
Year 5	**Invasion:** Netball **Swimming**	**Gymnastics:** Counter Balance and Counter Tension	**Invasion:** Tchoukball	Health Related Exercise	**Striking & Fielding:** Baseball	**Dance:** The Circus	**Invasion:** Hockey	**OAA:** Orienteering	**Invasion:** Ultimate Frisbee	**Net / Wall:** Tennis	**Striking & Fielding:** Cricket	Athletics
Year 6	**Invasion:** Netball	**OAA:** Leadership	**Invasion:** Tchoukball	**Gymnastics:** Matching & Mirroring	**Striking & Fielding:** Baseball	**Dance:** Carnival	**Invasion:** Hockey	Health Related Exercise	**Invasion:** Ultimate Frisbee	**Net / Wall:** Tennis	**Striking & Fielding:** Cricket	Athletics

OAA – Outdoor Adventure Activities

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