

## **Mount Hawke Academy**

Head of School: Miss C Biddick

Monday 20th July

Dear Parents,

We hope you are all safe and well and had chance to enjoy watching the Elmer stories and have a go at the activity.

This week we have put on our website, in the Staff Welcome section, a video message of a transitional activity.

From our experience, we have recognised a need from our children to feel reassured, safe and happy, with the different environments they are going to and with the new people they are staying with.

A trusted act or symbol to support this, is the use of a pebble.

It is small enough to fit in a pocket or in a bag. It is there to be rubbed, held or looked at when needed. It is something created at home and an immediate connection to those we love.

We would like to invite all our children the opportunity to create a pebble at home and to bring it with them when they start at school. This can remain in their pocket or bag and be accessed when required.

We have made our own pebbles, which you will see in our videos, along with a message to your child of what to do.

Time to select a pebble, the colours to use, the image or word to draw, with you, is what makes this such a special and treasured object.

At times of uncertainty, the actual pebble will stimulate the feelings of love, safety and happiness which was how the pebble was created. This pebble can alleviate any worry building by simply holding it.

If you are unable to create a pebble at home, we can do this with your child, when they start at school. We look forward to seeing your child and pebble in September.

Have a wonderful summer, stay safe and happy and we will see you soon,

The Foundation Team

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