



Mount Hawke Academy

Head of School: Miss C Biddick

11.2.22

Dear Families

We have had another very busy week in school. Remember that next week is the final week before half term, and the children finish for the holiday on Thursday 17th February. Our teachers are in school on the Friday, working on developing our curriculum further.

Celebrations

We held our Friday Virtual Assembly today and it was lovely to share the news from each class with everyone.

Class	Celebration	Achievement
Mousehole	Immy	Jago
Godrevy	Cadan	Hettie
Longships	Theia	Maks
Pendeen	Tallulah	Hector
Carne	Bo	Liberty
Gwithian	Millie	Jacqs
Lamorna	Aimee	Maxi
Allen	Imogen	Caidan
Kenwyn	Autumn	Ben
Truro	Isaac	Nicola

Sport

This week has seen us hosting Truro Prep and Parc Eglos School for football matches, children from Years 4, 5 and 6 competing in a swimming gala and a netball match, and children from Key Stage One going to Penryn College for a multisport event.

Internet Safety Day

All the children have been considering this year's Internet Safety Day theme of 'All fun and games? Exploring respect and relationships online'. While we teach internet safety as a regular part of many lessons, this annual day gives us a whole school focus on staying safe online.

Mousehole - We read a story about Smartie the Penguin, who became worried when he had images pop up and people trying to make friends with him, while he was using his tablet. We discussed what Smartie should do to help him in this situation and sang a song to help him remember to stop, think and always tell an adult.

Children in **Godrevy** shared their experiences of using the internet. They talked about how to play games and message their friends and family safely. They then listened to the story of 'Digiduck's Big Decision,' and afterwards created their own comic strips retelling the story of how Digiduck learned the importance of not sharing unkind messages and pictures on the internet.



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Mount Hawke Academy, Rodda's Road, Mt Hawke, Truro, Cornwall TR4 8BA

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Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





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Longships - We have identified our trusted adults and thought about who we can talk to if we feel upset or scared by something online or in real life.

Pendeen read a story about 'Digiduck' about how to stay safe when playing games on the internet. We discussed passwords and how we should not use an adult's password, especially without asking them as this can lead to buying things accidentally online. We then thought about and write down 5 adults that we could talk to if we came across something that we were unsure of online.

Carne - In an interactive lesson, we showed the children photos, and the children determined which photo were safe/unsafe to post online by considering: Who could this photo be shared with? Why? Who wouldn't we share this photo with? Why? Would another person feel hurt, embarrassed or unsafe if this photo was posted to others online? Why? Is this photo safe to post on a public site? Why/Why not? How could the photo be changed to make it safer?

Lamorna's focus was keeping safe online when playing games. We learnt important messages, like if someone is being disrespectful online you could tell them how you feel, reply politely or do not reply at all and tell your family if it's worrying you!

Allen Class helped an alien navigate a gaming platform and decide what to do when other users were unkind. They also completed a quiz, choosing the best option when facing several online scenarios.

Kenwyn Class learned how sharing an image needs to be done with thought and care. It is very important to understand that once an image is shared online, we lose control of it and it can be used in many different ways.

Truro Class have discussed how we keep ourselves and our personal information safe online. We have discussed the laws on sharing images and thought about the consequences of our own and other people's actions, concluding that everyone has the right to privacy online.

More information can be found by clicking on the link:
[Advice for parents and carers - UK Safer Internet Centre](#)



Mental Health Week

We have also marked Children's Mental Health Week this week – 'Growing Together'. Activities have included practising breathing techniques to help us stay calm in times when we feel uncertain or anxious. We have discussed how participating in a favourite hobby, talking to friends, taking time to be calm and to notice when we feel unhappy and why is important. Some classes have shared the story 'The Colour Monster' by Anna Llenas, exploring the feelings of happiness, sadness, anger, fear, calmness, and love. Others watched the amazing virtual assembly, and talked about the growth the children have noticed in themselves since September. This could be academic, in sport, music, art, in a friendship. They included things that other people may not notice e.g. 'I found someone else to play with when my friend was absent', 'I read aloud in class, even though I felt really nervous', 'I walked away rather than shouted when I felt angry', or 'I tried something new for lunch'.

More information can be found by clicking on the link:

[Parents and Carers - Children's Mental Health Week](#)

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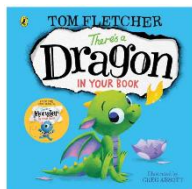
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Reading

Our reading recommendation for this week:

Book Review for Gwithian Class by Eliza

My favourite book is There's a Dragon in Your Book by Tom Fletcher. I love the book because you stroke, poke and flap the book to make magic happen as you turn the page. I think other people should read this book because when you are feeling sad it makes you happy.

Defibrillator

We are on a mission to extend our first aid kit and purchase a life-saving device – a defibrillator – and training package to ensure that, should anyone experience a cardiac arrest, we have the equipment and skills to help save a life. There is one in the village, but we feel that having one in school too is very important.



Anyone can suffer Sudden Cardiac Arrest (SCA) which is why taking the necessary precautions against this is vital, especially in school, a place where we all think of as safe for our children.

We can purchase one via the Department for Education and this will cost just over £500. We have opened a donation link on ParentPay if you would like to make a donation to this very worthwhile cause. If you would like any more information, please do get in touch. Thank you.



No More Crisp Packets

THANK YOU for recycling your crisp packets with us! As flexible plastics can now be recycled via more than 3,500 supermarket collections points, the Crisp Packet Recycling Scheme will close shortly. Please drop off your empty packs by Friday 1st April so we can send them to TerraCycle before the scheme closes.

Parking

Residents of Beacon View are getting increasingly concerned about inconsiderate driving and parking in their road. Please consider all our residents when arriving to collect your child. Thank you.

Communications

Remember to use the email hello@mounthawke.org or phone 01209 890230 if you need to speak to one of us, let us know about something or share something with us. Miss Biddick is usually on the gate every morning and afternoon too.

All of us here at school would like to wish you a very happy and safe weekend.



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